



Happy Birthday!

Best wishes to our residents and staff celebrating birthdays this month.

Residents

Patricia C.	June 24
Lee S.	June 26

Staff

Heather R.	June 01
Kelley W.	June 17
Kelly M.	June 24
Flora C.	June 27
Elizabeth M.	June 31

Visitation Guidelines

Visit Safely Together, when you arrive at the community, you must stop at the front desk to fill out a "visitor questionnaire" and get your temperature taken. You must have a mask on when you enter our community. Please use hand sanitizer upon arrival, which is provided in our front lobby and several areas throughout the community. The Front Desk Team member then review the proper protocol on visitations as well as explain how to get to your visitation location. For the safety of our residents, family member are not permitted to walk throughout the

facility or be in common areas where other resident are present.

Any visitor who develops a diagnosis of Covid-19 or signs and symptoms such as fever, cough, shortness of breath, sore throat, muscle aches, chills or new onset loss of smell or taste within 3 days of visiting a resident must immediately notify the community.

Please adhere to Fair Oaks core principles while visiting to keep our resident safe!

June 16-22, 2022: National Nursing Assistants Week

Certified Nursing Assistants play a vital role in nursing homes, assisted livings and other healthcare venues. They assist residents and patients with activities of daily living, help improve quality of life, and offer companionship and a listening ear, as well as other tasks:

- Offer conversation & companionship
- Take & record vital signs
- Answer patient call lights
- Assist with patient movement
- Observe & document patient status
- Help with activities & outings
- Keep patient rooms clean
- Bathing, dressing, eating, toileting, etc.
- Assist nurses with medical procedures
- Know safety & emergency policies

Show your appreciation for CNAs you know who make a difference in your life or the life of someone you love during National Nursing Assistants Week (June 16-22) by giving them a special thank you. And from all of us here at our facility, a big thank you to CNAs everywhere for everything you do.

Thank You



Health Care Center

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Norreen Zaio, Administrator
Lori Tapanien, Business Office Mgr.
Christine Rosa, Activities

Like Us On Facebook

As a non-profit 501c3 community, we thank you for supporting our mission of service to seniors through tax-deductible donations of cash or useful items. Please call our office.



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FairOaksHealthCare.org

WE ACCEPT CREDIT CARDS

Activities

In June we have planned entertainment for our **Father's day celebration** before our luncheon honoring all our men at Fair Oaks. They will all be receiving a token of appreciation as well.

To enjoy and celebrate **the first day of summer** (weather permitting), we'll be sitting on the patio. We'll be serving coffee / drinks, snacks and having conversations out on our patio. Also enjoying and admiring our garden that was cultivated by staff, residents and volunteers alike.

WISH LIST

At this time we are looking for volunteer's in planting flowers and sprucing up our garden. The residents will enjoy the tactile activity of working with the soil, along with other people's company. Whether it's lending a hand or donating some flowers to plant we welcome your help for the residents. Everyone can be outside when the weather is nice and enjoy the garden while they sit on the patio in a group or visiting with loved ones.

Upcoming Events

In the month of June, we'll be reminiscing on the following Monday's (6th Route 66, 13th Roller Coaster Day, 20th The Ed Sullivan Show and the 27th Captain Kangaroo Day)

On the 8th We'll be learning and crafting Sea Turtles, the 10th is Iced Tea Day (we will taste different flavors of iced tea to pick which one they like the best.

Then on the 24th is Jack Dempsey Day we'll have his Biography and video about him and other Boxers.

Job Postings

CNAs Part-time and Full-time for PM (3p-11p) and NOC (11p-7a) shifts. Come join Fair Oaks amazing team. If you or you know someone that is interested in becoming part of the Fair Oaks team please have them reach out to Patti Deshane at 815-455-0550.

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Facility News The activities during Nursing home week last month consisted of Residents', staff and their families working together on different projects/activities to create, boost and encourage nurturing through our entire facility and beyond. We all had a great time working with our residents opening personal boxes consisting of note, messages, photos etc. from friends and family. The residents felt so much love going through their boxes of memories and kindness from people close to them. We also had everyone involved in creating a Fair Oaks mural displayed in our main hall which encompassed, numerous small squared canvases of individual art connecting us together.



GET OUTSIDE AND ENJOY THE GREAT OUTDOORS

There is no time like the present to get outside and enjoy the beautiful summer weather! Spending time outside is a great opportunity to engage in our favorite hobbies, including gardening, companionable walks, cookouts, and outdoor recreation.

Great Outdoors Month, which began in 1998 under President Bill Clinton as Great Outdoors Week, has since expanded over the years into a month-long celebration of America's wildlife refuges, parks and national beauty with thousands of events across the country. In recent years, Congress has made new resolutions to bolster funding for repair and conservation to improve and protect our public lands.

Recreational time outside has been shown to improve mental, physical and even economic health. Here are some ideas that will help you enjoy the benefits Great Outdoors Month has to offer:

1. Visit a local park or nature preserve.
2. Take a photo outside every day for a week
3. Fly a kite, go for a walk, or play a yard game.
4. Learn how to identify birds and go birding.
5. Tend to a flower box, herb or vegetable garden.